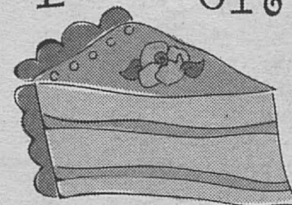




Tips For Radiant Skin

Sweet Tooth Bakery

- Bride's Cakes
- Groom's Cakes
- Cookies & Cakes for showers



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Yummy!

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Richmond/Rosenberg

You finally chose the dress, decided on the location, booked the florist, music, and caterer, and agreed on the guest list. Before you breathe a sigh of relief that all of the details are tended to, think again.

The most important — and often overlooked — detail of achieving wedding day perfection is the bride's complexion. Dull, blotchy skin, unsightly blemishes and dark under-eye circles are enough to make any girl cry — let alone a bride!

Since your wedding album will last forever, it's equally important to look beautiful in person and have camera-ready skin. Follow these simple steps for a radiant, glowing complexion:

Get Glowing: Every bride wants radiant skin but can't always afford costly facial treatments. Achieve similar results with an at-home product like Vita-K Solution At Home Microdermabrasion Kit.

It includes a Resurfacing Cream containing the powerful Vitamin K and C Complex that works together with the Derma Brush to gently resurface the skin. Replenish lost collagen while infusing essential vitamins and nutrients to moisturize, soothe and protect.

The result is firmer, smoother,

younger-looking skin.

Protection is Mandatory: The most important thing any bride can do for her skin is to apply a broad-spectrum UVA/UVB sunscreen everyday, rain or shine.

When preparing for the big day, the last thing any bride needs is a sunburn, uneven skin tone, or dull, dehydrated skin caused by the damaging effects of the sun.

Fight Back: If you're prone to blotchy skin you can actually treat the problem rather than cover it up. Reach for an effective remedy that will eliminate the appearance of blotchy uneven skin tone, acne marks and facial discoloration.

Try Vita-K Solution for Blotchy Skin, which helps to fade them away, and with continued use, keeps them away. Its unique, rich cream formula contains Super Vitamin K, which penetrates deep and begins to work the instant you put it on.

Plan Ahead for Radiant Eyes: If you're one of the many women who

suffer from serious under-eye dark circles and/or chronic under-eye puffiness, start a regimen at least one month before the big day.

Look for an effective, yet affordable, product such as Vita-K Solution Dark Circles for Under Eyes and you will begin to see a reduction in the appearance of dark circles and puffiness within two weeks of first application. Optimum results usually occur in one month so make sure to time it before your wedding day.

Take a Deep Breath: Brides are notorious for suffering from anxiety. Make sure you tend to all the details for the big day, but don't forget to take care of yourself — or it will show through your skin.

Drink 8 to 10 glasses of water a day; cut back on fatty and salty foods; get as much sleep as possible; and engage in a stress-relieving activity at least once a day.

If you take care of your body and your mind, your skin will benefit!



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- Bridal Showers
- Receptions with Dining
- Rehearsal Dinners
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And...

Perhaps followed by a relaxing weekend with nothing to do for the Mothers of the Bride and Groom following the Happy Couple's Honeymoon departure!

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